

# Enthronement of the Most Sacred Heart of Jesus and the Immaculate Heart of Mary

# in the Home



# Introduction

The following introduction to the practice of the Enthronement of the Sacred Heart of Jesus in the home is compiled from excerpts of Raymond Leo Cardinal Burke's book on the devotion, *The Enthronement of the Sacred Heart of Jesus*:

#### The Center of Devotion to the Sacred Heart

The center of devotion to the Sacred Heart of Jesus is the Enthronement of an image of the Sacred Heart in the home. The Enthroned image of the Sacred Heart, which may be a picture or a statue, expresses Christ's true Kingship, daily reminding each member of the family to follow in His royal way by making reparation for sins committed and by striving to serve God and neighbor more lovingly.

By the Enthronement of the Sacred Heart, we link the tabernacle of our parish church to our home, inviting Our Lord to be our constant and most intimate Companion. The Enthronement is a way of life. It means that Christ is King of our hearts, and that we desire Him to be present with us always. By the Enthronement, we signify our desire to make our hearts and our homes holy, to sanctify our lives in every aspect.

#### The Enthronement and the Transformation of Society

The practice of the Enthronement of the Sacred Heart of Jesus in the home was begun by Father Mateo Crawley-Boevey, SS.CC (1875-1961), the great *Apostle of the Enthronement*... Father Crawley-Boevey insisted on the *official* and *social* recognition of the rule of the Sacred Heart of Jesus over the Christian Family. The Enthronement is social because Christ's Kingship involves every member of the household in which we live and all our relationships with others, inside and outside the home. Those who carry out the Enthronement inevitably comment on the difference it makes in the relationships of the family members with one another and with others.

The Enthronement is also official, in so far as it is the outward expression of an interior commitment to submit one's whole life in obedience to Christ. It is an expression of our acceptance of Him as King of our hearts, and as our constant Companion and Friend. By means of the Enthronement, the grace of the Eucharist extends into the Christian home and, from the Christian home, to the whole world... If the company of Christ is cultivated in our homes, His company will be cultivated in every sector of life for the transformation of our society and our world into a civilization of love.

#### The Enthronement and Consecration

The enthronement includes necessarily our Consecration to the Sacred Heart of Jesus. The Enthronement without Consecration would simply amount to the placing of a sacred image in a prominent place in the home. It would be a good and pious practice, but it would not transform lives in the way that the Enthronement, together with Consecration, does. The Consecration is a "setting apart," a formal dedication of oneself to the Sacred Heart of Jesus. It involves a total offering of oneself to Him, along with the promise of fidelity in the future.

#### The Enthronement and the Immaculate Heart of Mary

The Consecration of the Sacred Heart of Jesus is made through the Immaculate Heart of Mary, for the Blessed Virgin Mary remains for us always our Advocate before God, and the Mediatrix of the abundant outpouring of His grace from the Heart of Jesus. Since the Enthronement is made in accord with her maternal example and through her intercession, it is altogether fitting that the faithful consecrate themselves to the Immaculate Heart of Mary and install her image at the time of the Enthronement of the Sacred Heart of Jesus. As the Mother of God stood faithfully at the foot of the Cross, permitting her Immaculate Heart to be spiritually pierced because of her total union with the Sacred Heart of Jesus, so she draws us to enthrone the image of the Sacred Heart in our homes and to consecrate our hearts, one with her Immaculate Heart, to the Sacred Heart of her Son.

Raymond Leo Cardinal Burke

# Enthronement Preparation

A day is chosen for the Enthronement ceremony which has a special signification for the family, (a marriage anniversary, for example) or an appropriate liturgical feast day, or a day on which a priest can be present, when possible.

The better and more serious the preparation for the Enthronement, the greater will be the blessings on the family coming from this event. This preparation can be extended over three days (a triduum), or over nine days (a novena). It could consist of recitation of the litany of the Sacred Heart, *along with the following preparatory prayer*:

#### Prayer

O Divine Heart of Jesus, come dwell among us, for we love Thee. Visit our home as once Thou didst come to Thy friends at Cana, Bethany, and the home of Zachaeus, the publican. We wish to place our family under Thy care, and bring it into intimate union with Thee, O Sacred Heart of Jesus, Thou art our most faithful Friend. No one has ever loved us as Thou hast done. And we wish to love Thee for those who do not love Thee, as Thou art our God and Saviour. Thou art also our Lord and King. Since so many scorn Thy kingly might, we desire to call it down upon our family. Take Thou possession of this hearth, where we shall reserve a throne as a place of honour for Thee.

Grant that the day of Enthronement be both for our family, and for Thee, a day of great joy and the beginning of our life truly in submission and intimate union with Thee. All our thoughts and actions must be in harmony with Thy Sacred Law. We wish to cast aside our disordered self-love and to love our neighbour as Thou hast loved us, and dost continue to love us.

Living in a world which has for the most part become once again pagan, and no longer knows

Thee, O Divine Heart of Jesus, we ask of Thy gracious presence the charity of the first Christians, of the Apostles, and of the Martyrs. Grant that by this household, which

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seeks to belong to Thee completely, other families may embrace Thy charity and that thus from family to family the entire globe may submit to Thy Royalty.

O Immaculate Heart of Mary, perfect model of fidelity to Our Lord and of union with Him, extend and strengthen, within our hearts and our families the reign of charity, the reign of the Sacred Heart of Jesus. *Amen*.

#### Litany of the Sacred Heart of Jesus

(Leader) Lord, have mercy on us.	Heart of Jesus, burning Furnace of
(All) Christ, have mercy on us.	Charity, *
(Leader) Lord, have mercy on us.	Heart of Jesus, Vessel of justice and love,
(Leader)Christ hear us.	*
(All) Christ graciously hear us.	Heart of Jesus, full of goodness and love,
<i>(Leader)</i> God the Father of Heaven, *	*
(All) Have mercy on us. (Repeat after each	Heart of Jesus, Abyss of all virtues, *
invocation)	Heart of Jesus, most worthy of all praise,
God the Son, Redeemer of the World, *	*
God the Holy Spirit, *	Heart of Jesus, King and centre of all
Holy Trinity, One God, *	hearts, *
Heart of Jesus, Son of the Eternal Father,	Heart of Jesus, in Whom are all the
*	treasures of wisdom and knowledge, *
Heart of Jesus, formed by the Holy Ghost	Heart of Jesus, in Whom dwells all the
in the womb of the Virgin Mother, *	fullness of the divinity, *
Heart of Jesus, substantially united to the	Heart of Jesus, in Whom the Father was
Word of God, *	well pleased, *
Heart of Jesus, of Infinite Majesty, *	Heart of Jesus, of whose fullness we have
Heart of Jesus, Holy Temple of God, *	all received, *
Heart of Jesus, Tabernacle of the Most	Heart of Jesus, desire of the everlasting
High, *	hills, *
Heart of Jesus, House of God and Gate of	
Heaven, *	

Heart of Jesus, patient and abounding in mercy,  $^{\star}$ 

Heart of Jesus, rich unto all who call upon Thee, \*

Heart of Jesus, Fountain of life and holiness, \*

Heart of Jesus, Propitiation of our sins, \* Heart of Jesus, filled with reproaches, \* Heart of Jesus, bruised for our offences, \*

Heart of Jesus, made obedient unto death, \*

Heart of Jesus, pierced with a lance, \* Heart of Jesus, Source of all consolation, \*

Heart of Jesus, our Life and Resurrection, **\*** 

Heart of Jesus, our Peace and Reconciliation, \*

Heart of Jesus, Victim for our sins, \* Heart of Jesus, Salvation of those who hope in Thee, \*

Heart of Jesus, Hope of those who die in Thee, \* Heart of Jesus, Delight of all the saints, \* *(Leader)* Lamb of God, Who takes away the sins of the world, *(All)* Spare us, O Lord.

(*Leader*) Lamb of God, Who takes away the sins of the world, (*All*) Graciously hear us, O Lord.

(*Leader*) Lamb of God, Who takes away the sins of the world, (*All*) Have mercy on us.

*(Leader)* Jesus, meek and humble of Heart,

*(All)* Make our hearts like unto Thy Heart.

(Leader) Let us Pray.

(*All*) Almighty and eternal God, consider the heart of Thy well beloved Son, and the praises and satisfaction He offers Thee in the name of sinners; appeased by worthy homage, pardon those who implore Thy mercy, in the name of Jesus Christ Thy Son, Who lives and reigns with Thee, world without end. *Amen*.

#### The Litany of the Blessed Virgin Mary

(Leader) Lord, have mercy on us. (All) Christ have mercy on us. (Leader) Lord, have mercy on us. Christ, hear us. (All) Christ, graciously hear us. (Leader) God, the Father of Heaven, (All) Have mercy on us. (Leader) God the Son, Redeemer of the world, (All) Have mercy on us. (Leader) God, the Holy Spirit, (All) Have mercy on us. (Leader)Holy Trinity, One God, (All) Have mercy on us. (Leader) Holy Mary, \* (*All*) Pray for us. (Repeat after each invocation) Holy Mother of God, \* Holy Virgin of Virgins \* Mother of Christ \* Mother of Divine Grace, \* Mother Most Pure, \* Mother Most Chaste, \* Mother Inviolate, \* Mother Undefiled, \* Mother Most Amiable, \* Mother Most Admirable, \* Mother of Good Counsel, \* Mother of Our Creator, \* Mother of Our Saviour, \*

Mother of the Church, \* Virgin Most Prudent, \* Virgin Most Venerable, \* Virgin Most Renowned, \* Virgin Most Powerful, \* Virgin Most Merciful, \* Virgin Most Faithful, \* Mirror of Justice, \* Seat of Wisdom, \* Cause of our Joy, \* Spiritual Vessel, \* Vessel of Honour, \* Singular Vessel of Devotion, \* Mystical Rose, \* Tower of David, \* Tower of Ivory, \* House of Gold, \* Ark of the Covenant, \* Gate of Heaven, \* Morning Star, \* Health of the Sick, \* Refuge of Sinners, \* Comforter of the Afflicted, \* Help of Christians, \* Queen of Angels, \* Queen of Patriarchs, \* Queen of Prophets, \* Queen of Apostles, \* Queen of Martyrs, \*

Queen of Confessors, \* Queen of Virgins, \* Queen of all Saints, \* Queen Conceived Without Original Sin, \* Queen Assumed into Heaven, \* Queen of the Most Holy Rosary, \* Queen of Peace, \* (*Leader*) Lamb of God, Who takes away the sins of the world, (*All*) Spare us, O Lord. (*Leader*) Lamb of God, who takes away the sins of the world, (*All*) Graciously hear us, O Lord.

(Leader) Lamb of God, Who takes away the sins of the world, (All) Have mercy on us. (Leader) Pray for us, O Holy Mother of God, (All) That we may be made worthy of the promises of Christ. Let us pray: Grant, we beseech Thee, O Lord God, that we Thy servants may enjoy perpetual health of mind and body and by the glorious intercession of Blessed Mary ever Virgin, be delivered from present sorrow and enjoy eternal happiness. Through Christ Our Lord. Amen.

# Ceremony of Enthronement

It is, again, recommended to have Mass celebrated for the intentions of the family the day of the Enthronement, or at least to attend Mass as a Family and to receive Holy Communion (at least the Sunday before).

The place reserved for the image is set up as a small altar. The image of the Sacred Heart is prepared on another table covered in white with candles and flowers. A small bottle of holy water is also prepared.

#### Blessing of the House or Apartment

At the set hour, parents, children, and friends assemble in the main room of the house for the ceremony. If the house is not yet blessed, the priest, in surplice and white stole, first blesses it.

- V. Our help is in the Name of the Lord.
- **R.** Who made Heaven and earth.
- **V.** The Lord be with you.
- R. And with your spirit

Let us pray

O Lord God Almighty, bless this house. In it may there be health, chastity, victory over sin, strength, humility, goodness of heart and gentleness, full observance of Thy law and gratefulness to God the Father, and the Son, and the Holy Ghost. And may this blessing remain upon this house and upon those who live here, now and for ever and ever. *Amen*.

#### Blessing of the Images (Statues) of the Sacred Heart and the Immaculate Heart

When it is impossible to have a priest present, the images are blessed beforehand. The family kneels before the images. The priest, in surplice and white stole, begins by the blessing.

- V. Our help is in the Name of the Lord
- **R.** Who made Heaven and earth.
- V. The Lord be with you.
- **R.** And with your spirit

Let us pray

Almighty, everlasting God, Thou dost not forbid us to represent Thy saints in stone or paint, so that, as often as we look upon their likenesses with the eyes of the body, we may with the eyes of the mind meditate upon their holiness and be led to imitate their deeds. In Thy kindness, we beg Thee to bless and sanctify these pictures (statues), meant to honor and call to mind the Most Sacred Heart of Thy only-begotten Son, Our Lord Jesus Christ and the Immaculate Heart of Mary, His Most Holy Mother. May all who in their presence humbly strive to serve and honor Thy only-begotten Son, Our Lord Jesus Christ, and the Blessed Virgin Mary, by Their merits and intercession gain from Thee grace in the present life and eternal glory in the life to come. Through Christ Our Lord. *Amen*.

Then the priest sprinkles the images with holy water.

### Enthronement of the Images

Then the head of the family sets up the images of the Sacred Heart of Jesus and the Immaculate Heart of Mary in a place of honour, in order to render homage to the Reign of the Love of Jesus Christ and the Blessed Virgin Mary which is everywhere so unknown.

#### Recitation of 'The Creed'

*After the blessing, in order to give explicit expression to the faith of the family, all recite the Apostles' Creed out loud and standing.* 

I believe in God/ the Father Almighty,/ Creator of Heaven and earth;/ and in Jesus Christ/ His only Son,/ Our Lord/ Who was conceived by the Holy Ghost,/ born of the Virgin Mary,/ suffered under Pontius Pilate,/ was crucified,/ died,/ and was buried. He descended into hell,/ the third day He rose again from the dead;/ He ascended into heaven/ and sits at the right hand of God the Father Almighty,/ from whence He will come to judge the living and the dead. I believe in the Holy Ghost,/ the Holy Catholic Church,/ the Communion of Saints,/ the forgiveness of sins,/ the resurrection of the body/ and life everlasting. *Amen.* 

### Address of the Priest

Everyone is seated while the priest addresses a few words to those present. He recalls:

- •The signification of the Enthronement;
- •The Christian life of obedience, confidence and love that the Sacred Hearts await from the families who have given Jesus and Mary this honour;
- •The special and abundant blessings which are given to those families faithful to their promises to Jesus and Mary;
- •The family's promise to renew frequently its consecrations, especially during the evening prayers.

#### Act of Consecration of the Family to the Sacred Heart of Jesus

This form was approved by St. Pius X on May 19, 1908 and is required as such to gain the indulgences. Thus, it cannot be modified. It is recited kneeling by both the priest and the family. If a priest is not present, it is led by the head of the household.

O Sacred Heart of Jesus, Who didst make known to St. Margaret Mary Thine ardent desire to reign over Christian families, behold us assembled here today to proclaim Thine absolute dominion over our home. Henceforth we purpose to lead a life like unto Thine, so that amongst us may flourish the virtues for which Thou didst promise peace on earth, and for this end we will banish from our midst the spirit of the world which Thou dost abhor so much.

Thou wilt reign over our understanding by the simplicity of our faith. Thou wilt reign over our hearts by an ardent love for Thee; and may the flame of this love be ever kept burning in our hearts by the frequent reception of the Holy Eucharist.

Deign, O Divine Heart, to preside over our meetings, to bless our undertakings, both spiritual and temporal, to banish all worry and care, to sanctify our joys, and soothe our sorrows. If any of us should ever have the misfortune to grieve Thy Sacred Heart, remind him of Thy goodness and mercy towards the repentant sinner.

Lastly, when the hour of separation will sound, and death will plunge our home into mourning, then shall we all, and every one of us, be resigned to Thy eternal decrees, and seek consolation in the thought that we shall one day be reunited in Heaven, where we shall sing the praises and blessings of Thy Sacred Heart for all eternity. May the Immaculate Heart of Mary, and the glorious Patriarch St. Joseph, offer Thee

this our Consecration, and remind us of the same all the days of our life.

Glory to the Divine Heart of Jesus, our King and our Father.

#### Homage to the Immaculate Heart of Mary

All stand, in order to thank the Immaculate Heart of Mary for the grace of the Enthronement that Jesus has granted to the family, and to proclaim this good Mother as the Queen of the home. Her image is installed next to that of the Sacred Heart. All recite the "Hail Holy Queen."

Hail, Holy Queen, Mother of mercy, hail our life, our sweetness, and our hope. To Thee do we cry, poor banished children of Eve; to Thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, Thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of Thy womb, Jesus, O clement, O loving, O sweet Virgin Mary.

#### Act of Consecration of the Family to

#### the Immaculate Heart of Mary

O Immaculate Heart of Mary, Mother of the Heart of Jesus, Mother and Queen of our household, that we may fulfill Thy ardent desire, we consecrate ourselves to Thee, and we beseech Thee to reign over our family. Reign over each one of us, and teach us how to make the Sacred Heart of Thy Divine Son reign and triumph in us and about us, as He has reigned and triumphed in Thee.

Reign over us, O Beloved Mother, so that we may be Thine both in prosperity and in adversity, in joy and in sorrow, in health and in sickness, in life and in death. O most compassionate Heart of Mary, Queen of Virgins, watch over our souls and our hearts and preserve them from the flood of pride, impurity, and paganism of which Thou hast complained so bitterly. We desire to do reparation for the numerous crimes committed against Jesus and Thee. We call upon our home, upon the homes of this country and upon those of the entire world, the peace of Christ in justice and charity. Wherefore we promise to imitate Thy virtues, by a practical Christian life, and by frequent and fervent Holy Communion, regardless of human respect. We come with confidence to Thee, O Throne of Grace and Mother of Fair Love; inflame us with the same divine fire which has inflamed Thine own Immaculate Heart. Kindle in our hearts and homes, the love of purity, an ardent zeal for souls, and desire for the holiness of family life. We accept now, all the sacrifices that the Christian life will impose on us/ and we offer them to the Heart of Jesus, by Thy Immaculate Heart, in a spirit of reparation and of penance. To the Sacred Hearts of Jesus and Mary be love, honour, and glory forever and ever! Amen.

#### Prayer for Absent and Dead Family Members

No one should be absent on this solemn occasion, therefore those who have died should be called to mind. Thus say one Our Father and one Hail Mary for these, and for those who are absent.

Our Father ... & Hail Mary ...

V. May the souls of the faithful departed, through the mercy of God, rest in peace. **R**. *Amen*.

V. Sanctify, O Lord, those who devote themselves to Thy service.

**R.** And all those who place their hope in Thee.

### Consecration to the Sacred Heart of Jesus For Children

*If the children are present, they may recite the following prayer:* 

O Sacred Heart of Jesus, Heart of our best Friend and most lovable King Thou hast set up Thy throne in this house, in order to always live with us, say to us those same words: "Let the little children come unto Me." Behold us, O Sacred Heart of Jesus, kneeling at Thy feet and promising from now on to be as obedient and respectful as Thou wast to Thy holy Parents! at the little house at Nazareth, so that we may grow both in virtue and wisdom along with age. Most lovable Heart of Jesus, Thou wishes also to possess our hearts, for Thou hast said: "My child, give Me your heart." Thou wishes to remain alone in our hearts, and We must console Thee by our love, for all those who do not know Thee or do not desire to love Thee. Most sweet Jesus, Divine Friend of children, receive our hearts, make them pure, holy and happy, Receive also our bodies, our souls, and all our strength. We consecrate ourselves to Thee! now and forever. Be Thou alone our King. All our thoughts, and our words, our actions, and our prayers, we consecrate to Thee, our Friend and our King.

All for Thee, O Sacred Heart of Jesus!

The children may recite a poem or sing a hymn in honour of the Sacred Heart.

#### Prayer of Thanksgiving

#### *The whole family recites the following prayer:*

Glory be to Thee, O Sacred Heart of Jesus, for the infinite mercy Thou hast bestowed upon the privileged members of this family. Thou hast chosen it from thousands of others, as a recipient of Thy love and as a sanctuary of reparation wherein Thy most loving Heart shall find consolation for the ingratitude of men. How great, O Lord Jesus, is the confusion of this portion of Thy faithful flock ! as we accept the unmerited honour of seeing Thee preside over our family. Silently we adore Thee, overjoyed to see Thee sharing under the same roof the toils, cares and joys of Thy innocent children. It is true we are not worthy that Thou should enter our humble abode, but Thou hast already reassured us, when Thou didst reveal Thy Sacred Heart to us, teaching us to find in the wound of Thy Sacred Side the source of grace and life everlasting. In this loving and trusting spirit we give ourselves to Thee, Thou who art unchanging Life. Remain with us, Most Sacred Heart, for we feel an irresistible desire to love Thee and make Thee loved.

May our home be for Thee a haven as sweet as that of Bethany, where Thou canst find rest in the midst of loving friends, who like Mary have chosen the better part in the loving intimacy of Thy Heart.

May this home be for Thee, O beloved Saviour, a humble but hospitable refuge, during the exile imposed on Thee by Thine enemies. Come, then Lord Jesus, come, for here as at Nazareth, we have a tender love for the Virgin Mary, Thy sweet Mother, whom Thou hast given us to be our Mother. Come, to fill with Thy sweet presence the vacancies which misfortune and death have wrought in our midst.

O most faithful Friend, hadst Thou been here in the midst of sorrow, our tears would have been less bitter: the comforting balm of peace would then have soothed these hidden wounds, which are known to Thee alone. Come, for even now perhaps, there is drawing near for us the twilight of tribulation, and the decline of the passing days of our youth and our illusions. Stay with us, for already it is late, and a perverted world seeks to envelop us in the darkness of its denials while we wish to adhere to Thee who alone art the Way, the Truth, and the Life. Repeat for us those words Thou didst utter of old: "This day I must abide in this home" (Lk. 19:5).

Yes, dear Lord, take up Thy abode with us, so that we may live in Thy love and in Thy presence, we who proclaim Thee as our King and wish no other. May Thy triumphant Heart, O Jesus, be forever loved, blessed, and glorified in this home. Thy Kingdom come! *Amen*!

Sacred Heart of Jesus, Thy kingdom come! (Thrice) Immaculate Heart of Mary, pray for us!

St. Joseph, pray for us!

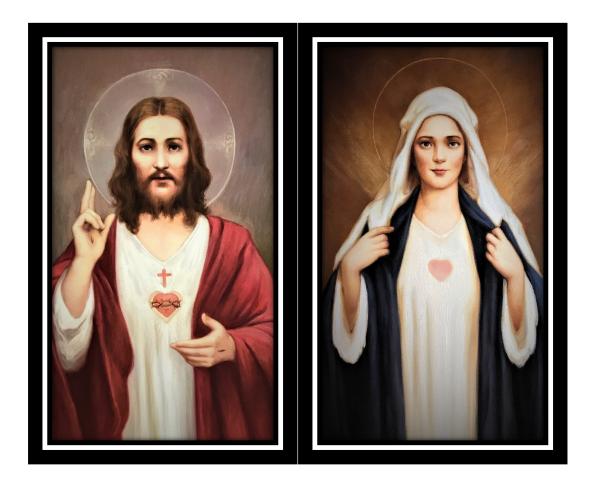
St. Pius X, pray for us!

St. Margaret Mary Alacoque, pray for us !St. Claude de la Columbiere, pray for us !Long live the Sacred Heart of Jesus forever and ever. Amen

#### Blessing of the Priest

The priest blesses those present by the usual formula: Benedictio Dei omnipotentis, Patris, et Filii, et Spiritus Sancti, descendat super vos et maneat semper. Amen.

Both the priest and the family sign the Certificate of Enthronement. This great document is to be reserved with the other keepsakes of the family, or framed and hung near the Sacred Heart.



## Renewal of the Family Consecrations

*If possible, recite as a family each day the following small acts of consecration:* 

#### Renewal of the Consecration to the Sacred Heart

Sweet Saviour, kneeling humbly at Thy feet, we renew the consecration of our family to Thy Divine Heart. Be forever our King; we have full and complete confidence in Thee. May Thy spirit fill our thoughts, our desires, our words, and our works. Bless our undertakings. Take part in our joys, our trials, and our labours. Grant to us to know Thee better, to love Thee more, and to serve Thee without fail. From one pole of the earth to the other may the cry resound: "Beloved, blessed, and glorified be everywhere and forever the Triumphant Heart of Jesus!"*Amen*.

# Renewal of the Consecration to the Immaculate Heart

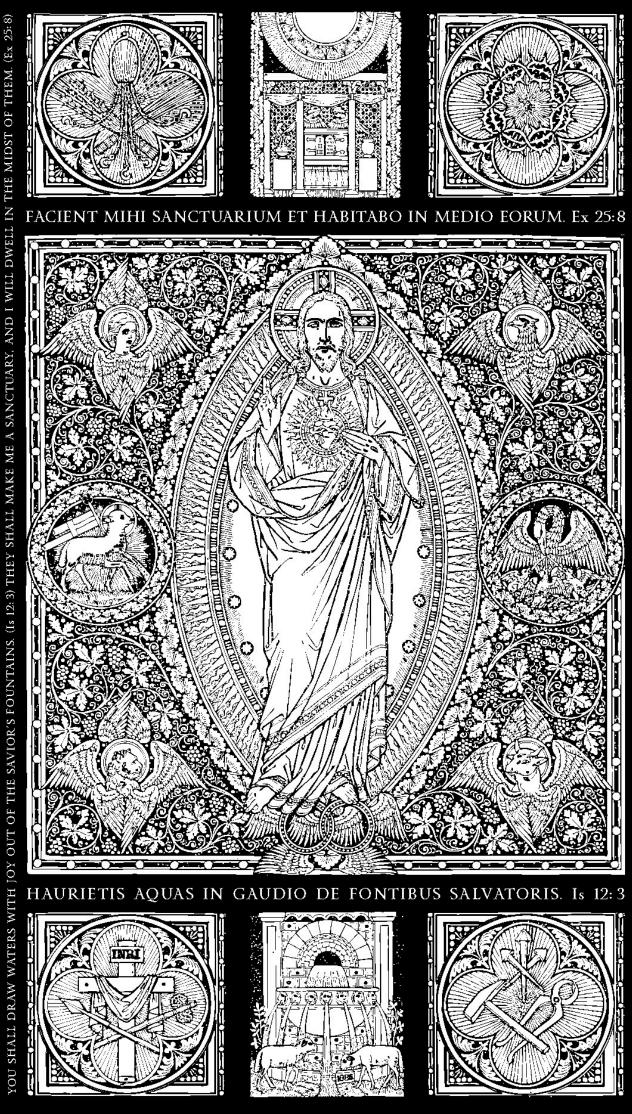
O Immaculate Heart of Mary, Mother of the Heart of Jesus, Mother and Queen of our household, that we may fulfil Thy ardent desire, we consecrate ourselves to Thee, and we beseech Thee to reign over our family. Reign over each one of us, and teach us how to make the Sacred Heart of Thy Divine Son reign and triumph in us and about us, as He has reigned and triumphed in Thee.

We come with confidence to Thee, O Throne of Grace and Mother of Fair Love; inflame us with the same divine fire which has inflamed Thine own Immaculate Heart. Kindle in our hearts and homes, the love of purity, an ardent zeal for souls, and desire for the holiness of family life. We accept now, all the sacrifices that the Christian life will impose on us and we offer them to the Heart of Jesus, by Thy Immaculate Heart, in a spirit of reparation and of penance. To the Sacred Hearts of Jesus and Mary be love, honour, and glory forever and ever ! *Amen.* 

Parents! Pray Together with Your Children!

#### Suggested Devotional Practices

- 1. Frequent and even daily attendance at Mass by at least one member of the family, and Communion of Reparation.
- 2. Observance of the First Friday of each month. (Holy Mass, Communion of Reparation, renewal of act of consecration before enthroned image).
- **3.** Daily family Rosary before the enthroned image of the Sacred Heart, with renewal of the act of consecration. (short form).
- 4. Celebration of the Feast of the Sacred Heart by the entire family; attendance at Mass, Communion for the extension of the Reign of the Sacred Heart through the Enthronement; family gathering and celebration at home, with renewal of Enthronement; special party for the children.
- 5. Observe the month of June, the month of the Sacred Heart; keep flowers before the "throne." Mass and communion as often as possible.
- 6. Night adoration in the home. Any hour between 9:00 and 6:00, by any one or all the members of the family at least once a month.
- **7**. Celebrate the Feast of the Immaculate Heart of Mary. Mass, Communion, and consecration of the family to the Immaculate Heart.
- 8. Doing the following four things in a spirit of reparation for sins committed against the Immaculate Heart of Mary: Make the Five First Saturdays in reparation to the Immaculate Heart of Mary with (1) Confession of reparation within eight days of the First Saturday (2) Holy Mass and Communion of reparation; (3) Five decades of the Rosary; (4) Fifteen minutes meditation on the fifteen mysteries of the Rosary.
- **9.** Practice devotion to the Holy Spirit. Recite the chaplet of the Holy Spirit.
- 10. Visit, often, Jesus in the Most Holy Sacrament of the Altar. Use the booklet, *Visits to the Blessed Sacrament*, by St. Alphonsus to assist you in making these visits more fervently and profitably for your soul and heart.



HOW OFTEN WOULD I HAVE GATHERED THY CHILDREN AS THE BIRD DOTH HER BROOD UNDER HER WINGS, AND THOU WOULDEST NOT? (Luke 13: 34)